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Diabetes, the Second Biggest Risk of Coronavirus Infection

Nobody can exactly say who is next, but, nonetheless, according to all domestic and foreign statistics, diabetics belong to the groups of people that are most at risk of coronavirus. They are struggling not to find themselves on the list of infected persons because otherwise they may easily be subject to fatal outcomes.

Mr. Bojan Kirov has been a diabetic since he was two years old. He has been living with this medical condition for forty-two years now. This week, after having been in lockdown for two and a half month, he is finally outside and doing his daily routines. He stated that he personally and the other people suffering from diabetes regard the protection measures sacred and inviolable. It goes without saying that the daily lives of all people have been changed, but now that the measures have been eased, this group of people is overwhelmed with fear and caution.

Statement by: Mr. Bojan Kirov, Diabetic

The number of people in our country that share Bojan's misfortune is not minor. According to the statistics of the National Commission on Diabetes, the number of people with diabetes is 123,750, out of whom 40,000 people require insulin therapy. Out of the total number, approximately 500 patients are children.

This is a disease that not only affects the person but the whole family as well. Ms. Biljana is a mother of a sixteen-year-old teenager who has required an insulin therapy for two years now. While her daughter is staying at home, the mother is equally as cautious as if she were affected with the disease.

Statement by: Ms. Biljana Zunzurovska, Parent of a Child with Diabetes

There are two basic types of diabetes: Type 2 which is more common and acquired in the course of one's life and Type 1 which is usually diagnosed in one's early childhood.

Stand Up:

Out of the total number of diseased persons from the coronavirus in our country, twenty-two were diabetics. According to the available statistics, diabetes is the second most risky disease regarding the coronavirus. Such data are alarming for the persons living with this medical condition. We are not to forget that as it is the case with any other disease, there are several risk variations with COVID-19 as well.

Age remains to be the biggest risk factor. Persons younger than 40 years of age are less at risk. Studies indicate that persons with Diabetes Type 2 are most in danger. Additionally, people that are overweight or obese are more at stake regardless of the fact whether they belong to Type 1 or Type 2. The inappropriate regulation of the sugar level in the blood further increases the risk, and blood pressure remains equally important.

The Endocrinologist Taner Hasan from 8 Septemvri Hospital stated that in the past period he had witnessed minor and major cases of diabetics fighting against the virus.

Statement by: D-r Taner Hasan, Endocrinologist

D-r Hasan underlined that diabetics are not to wait but are to immediately ask for medical assistance with the onset of the first symptoms.